

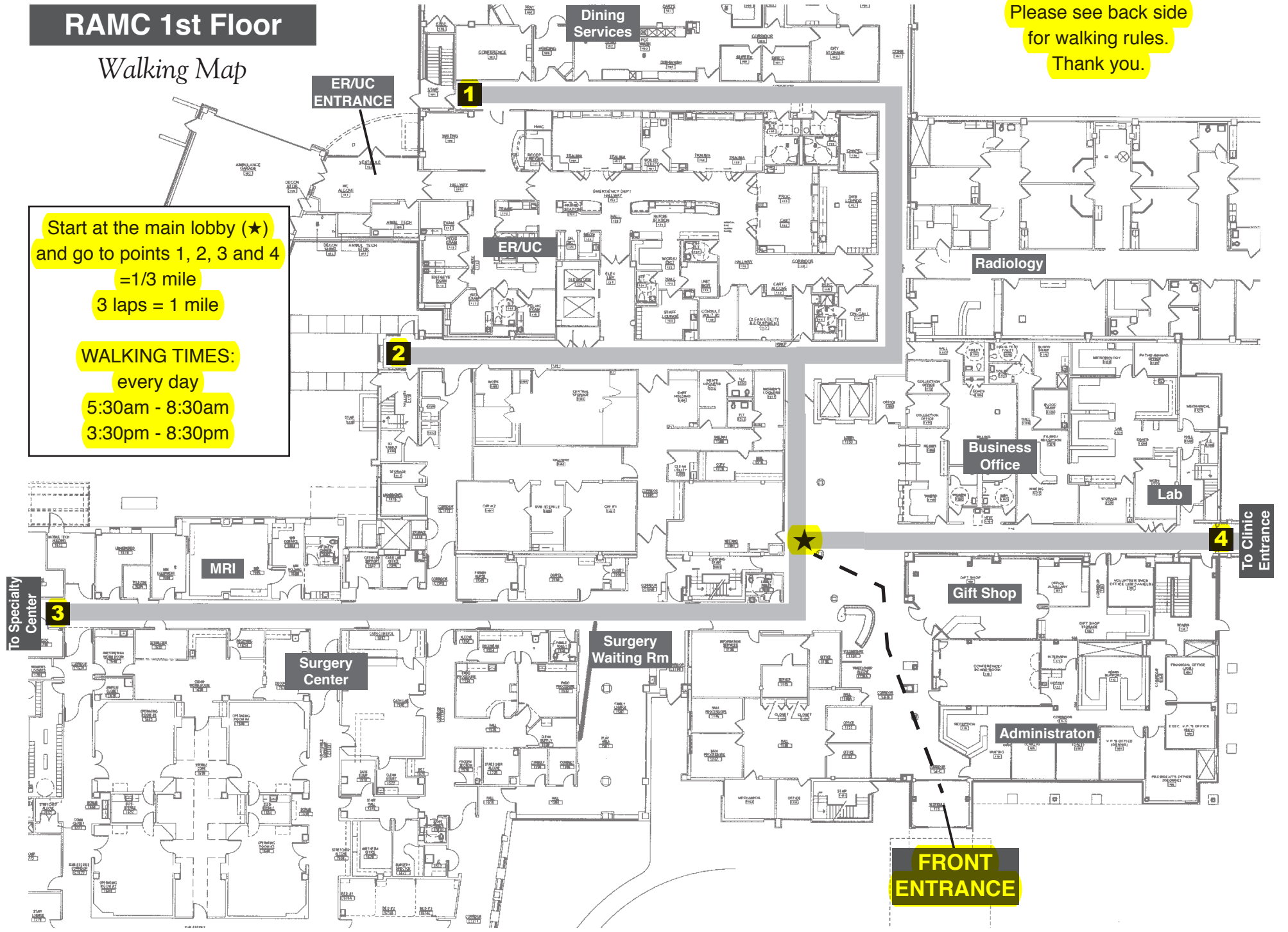
RAMC 1st Floor

Walking Map

Please see back side
for walking rules.
Thank you.

Start at the main lobby (★)
and go to points 1, 2, 3 and 4
= 1/3 mile
3 laps = 1 mile

WALKING TIMES:
every day
5:30am - 8:30am
3:30pm - 8:30pm



To Specialty
Center

To Clinic
Entrance

**FRONT
ENTRANCE**

RAMC Walking Rules:

- ***Times: Open every day from 5:30 am – 8:30 am & 3:30 pm – 8:30 pm***
- Walkers are allowed only on the marked route, which are non-patient care areas.
- Walkers may not adjust lighting or temperature settings.
- Walkers must allow staff & patients the right of way at all times.
- Walkers must walk on the right side of the hallway, with the flow of traffic.
- Please slow down and carefully go around those walking at a slower pace.
- Walkers are asked to use extreme caution when walking as you are walking at your own risk.
- Please be courteous to all staff and visitors.
- Please wear clean, dry shoes.
- The care & safety of our patients, visitors & staff is our top priority at RAMC. We reserve the right to ask walkers not to return, upon failure to follow the above rules.

Good luck on your journey to great health!