

Resources

Refer to the education books that you received

“Great Expectations, a Guide to Prenatal Care”

“Your Guide to Postpartum and Newborn Care”

Childbirth Education

<https://evidencebasedbirth.com/>

Smoking Cessation during Pregnancy

www.wwhf.org/first-breath/

Sauk County Resources

www.co.sauk.wi.us/publichealth/women-infant-children-wic

www.co.sauk.wi.us/publichealth/maternal-child-health

www.co.sauk.wi.us/publichealth/nurse-family-partnership

www.co.sauk.wi.us/publichealth/presumptive-eligibility-pregnant-women

Breastfeeding

[Kellymom.com](http://kellymom.com)

Babygooroo.com

Lowmilksupply.org

Mobimotherhood.org

LLLi.org

www.womenshealth.gov/breastfeeding

Drugs (medicines) and Lactation Database: <https://www.ncbi.nlm.nih.gov/books/NBK501922/>

Postpartum Depression

www.womenshealth.gov/mental-health/mental-health-conditions/postpartum-depression

postpartum.net/

1-800-273-TALK

Safe Place for Newborns

Www.safeplacefornewborns.org

1-877-440-BABY

Car Seat Safety

Www.NHTSA.gov

Www.safercar.gov

safekidswi.gov

Safe Sleep

safetosleep.nichd.nih.gov/

www.cpsc.gov/SafeSleep

Shaken Baby Syndrome

Dontshake.org

Purplecrying.info

Clickforbabies.org

General resources

Healthychildren.org

Acog.org/Patients

Cdc.gov

Marchofdimes.org

www.chawisconsin.org/