

## Who Can Receive Our Services?

Sauk County residents struggling with opioid and/or heroin addiction.



## How Do I Get Started?

For more information, call our hotline to speak with a MAT

Community Recovery Specialist (CRS).

**(608) 402-4312**

Heroin, Opioid, Meth, and Stimulant Hotline

**In case of medical emergency  
please call 911**

**Sauk County 24-hour Crisis Line  
1-800-533-5692**

Sauk County's Mental Health and Recovery Services (MHRS) specializes in providing MAT as an option in substance use disorder treatment. Because we understand mental health treatment is an important key to substance use recovery, we offer both treatments simultaneously through our dually certified clinical team.

Our staff firmly believes every person with an addiction has the ability to recover. We offer compassion and understanding combined with a multi-faceted treatment program to provide support in recovery.

Our recovery plans are tailored to each person's unique needs, providing customized support for greater success throughout the recovery process.

The MAT Program is located at:

505 Broadway, 4th Floor

Baraboo, WI 53913

**(608) 402-4312**

Heroin, Opioid, Meth, and Stimulant Hotline

**Sauk County 24-hour Crisis Line**

**1-800-533-5692**

For more information on Sauk County Department of Human Services and the programs we provide, please visit

**<https://www.co.sauk.wi.us/humanservices>**

Revised 3/23/21

**Are you or someone you know struggling with heroin, opioid, meth, or stimulant drug addiction?**



**Medication Assisted Treatment (MAT)**

is available to adult residents of Sauk County

*Help is Available!*

Come to our office or call our hotline to speak with a MAT Community Recovery Specialist

*Call Today!*

**(608) 402-4312**

Heroin, Opioid, Meth, and Stimulant Hotline



## What is MAT?

---

Medication Assisted Treatment (MAT) is the use of FDA-approved medications along with counseling, behavioral therapies, and social supports to provide a “whole person” treatment approach for those seeking help with a heroin, opioid, meth, or stimulant drug addiction.

When used correctly, medicine can help you feel well enough to do the things you need to do to achieve sobriety. However, medicine is not magic. It is a tool and works best as part of a comprehensive recovery program.

It is important that you have a strong understanding of all your treatment options and settings. Your doctor and a substance use professional can help in determining which path of treatment is right for you.



## What Services and Supports Do We Provide?

---

- Medication Assisted Treatment (MAT) program information and education
- Access and referral to Naltrexone and Buprenorphine medication through local treatment providers
- Collaboration with local physicians and medical clinics that can include primary medical care
- Comprehensive substance use disorder and mental health assessments
- Recovery and treatment planning based on each individual’s unique needs
- Coordination of substance use treatment and mental health therapy
- Referrals and assistance with community resources and recovery services you may qualify for, such as education, employment, housing assistance, Medicaid, Food Share Program, etc.



## What is the Goal of Treatment?

---

The goal of treatment is to help individuals with an heroin, opioid, meth, or stimulant addiction stop misuse and regain control over their lives. Each person’s treatment journey is unique. Our goal is to assist you with a plan for how to get started and how to succeed in achieving long-term sobriety and recovery.

### Goals of MAT Services

Medication ► Education ► Counseling  
► Support ► Recovery

## How Can We Help You in Your Recovery?

---

Our Community Recovery Specialists (CRS) and Peer Support Specialists (PSS) can help you to create informed, healthy choices that support physical and emotional well-being. Success includes help to find meaningful daily activities such as a job, school, volunteerism, and creative projects, as well as independence, income and resources to reach your potential.

