

October 2026

Sunshine Café Monthly Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Meatloaf or Four Cheese Manicotti Mashed Potatoes & Gravy or Breadstick Garlic Edamame or Broccoli	Potato Crusted Cod or Roasted Pork Red Potatoes or Spatzle Chateau Blend or Carrots
5	6	7	8	9
Chicken Parmesan or Firecracker Fish Taco Wild Rice or Penne Green Beans or Island Blend	Swedish Meatballs or Chicken Bacon Ranch Pizza French Fries or Egg Noodles Cauliflower or Peas	Smoked Pork Sandwich or Tuna Noodle Casserole Sweet Potato Fries or Onion Rings California Blend or Corn	Roast Beef or Chicken Sandwich Red Potatoes or Curly Fries Squash or Corn	Salmon w/ Dill Sauce or Grilled Cheese & Tomato Soup Baked Potato or Cous Cous
12	13	14	15	16
Tater Tot Casserole or Gnocchi Peppernada Green Beans or California Blend Potato Chips or Cheesy Garlic Bread	Feta Bruschetta Chicken or Flatbread Pizza Baked Sweet Potato or Alfredo Penne Corn oo Broccoli	Lasagna or Caprese Sandwich Breadstick or Garlic Parmesan Tots Malibu or Carrots	Chicken Kiev or Classic Roast Beef Sandwich Mashed Potatoes & Gravy or Curly Fries California Blend or Peas	Shrimp Scampi or Loaded Potato Casserole Ranch Fries or Rice Pilaf Moon Blend or Island Blend
19	20	21	22	23
Fish Slider or Beef Stew Biscuit or Curly Fries Parmesan Roasted Cauliflower or Capri Blend	BBQ Chicken Sandwich or Sliced Ham Bush's Baked Beans or Cornbread Broccoli or Beets	Salisbury Steak or Ham and Spinach Quiche Mashed Potatoes & Gravy or Garlic Herb Pasta Sautéed Garlic Mushrooms or Baby Carrots	Chicken Flornetine or Italian Beef Sandwich Penne Pasta or Potato Chips Peas or Cauliflower	Baked Alaska Cod or Sloppy Joe Baked Potatoo or Tater Tots Italian Blend or Corn
26	27	28	29	30
Turkey Breast or Reuben Chips or Baked Sweet Potato Island Blend or Sugar Snap Peas	BBQ Ribs or Chicken Quarters Mashed Potatoes & Gravy or Squash Sweet Corn	Pizza or Cheeseburger French Fries or Battered Mushrooms California Blend or Corn	Meatloaf or Four Cheese Manicotti Mashed Potatoes & Gravy or Breadstick Garlic Edamame or Broccoli	Potato Crusted Cod or Roasted Pork Red Potatoes or Spatzle Chateau Blend or Carrots